

Johnny Rayes, MD

My SANTY Experience



Lessons learned, plenty of pearls to bring back home, and lifetime memories made.

My 8-months Fellowship with Dr Bertrand Sonnery-Cottet at the SANTY Orthopedic Center was the most unique learning experience of my career, and also of my life. I trained in Lebanon, France, USA and currently am training in Canada. However, my Fellowship with Dr SC was more educative and fruitful than my 5 years of Orthopedic Surgery training.

I came to learn the state-of-art techniques in knee and ankle arthroscopy, cartilage preservation and ligament reconstruction and I was not deceived. I chose Dr SC and the SANTY center due to the high-quality care provided to the patients, the exceptional recruitment of professional athletes and the high-level of research. I had the chance to visit the Olympic Lyonnais stadium and meet some of the OL football club players on the field and outside of it.

I was amazed to see the incredible results we got in ACLR cases compared to what I've seen back home. I learned many arthroscopic techniques and tips and tricks, from basic to advanced gestures in many procedures including meniscal repair, ACLR, PCLR, ALLR and other extraarticular lateral tenodesis, as well as MPFL reconstruction, combined osteotomies and multiligamentous knee injuries. I'm proud to say I have become a more effective surgeon with some level of expertise as a result from all the cases I observed during my Fellowship.

Dr SC is indeed a pioneer in ACLR and knee ligaments reconstruction. His work and dedication pushed me to a new level of professionalism in my career. "Research comes from clinical outcomes and not from simple experience"; This is what Dr SC

kept on repeating to me in our daily practice. One of the most important things that got my attention was the perseverance and time dedicated to follow-up with all the patients at short and long-term after the surgery.

Finally, apart from clinics and OR days, we spend too much time together in the lovely city of Lyon. I felt very familiar among all the SANTY respectful staff and mostly the hard-working research team that was present to assist me all the time. We worked as a team and most importantly as a family under the supervision of Dr SC. The research work never stopped, even during the peak of the COVID pandemic in France, and we managed to publish many papers in a small amount of time.

I am really grateful to Dr SC and the SANTY team for the opportunity they gave me and am very happy of my achievements during my Fellowship.