

SICOT International Travelling Fellowship, 2016, Report

By Dr. Guo, Jiong Jiong

Associate Professor

Department of Orthopedics

The First Affiliated Hospital of Soochow University

Suzhou, China

It was a great honor to go for an overseas training in 2016 as a recipient of SICOT international Travelling Fellowship award. I received one-month training at the Centre Orthopédique Santy, *FIFA Medical Centre of excellence*.

The Centre Orthopédique Santy has been known to be a “sacred” place of sports injuries and orthopaedic surgery, attracting many visiting fellows from all around the world. But as the saying goes, "good things never come easy". After a very long delay at the airport because of the weather, I arrived at Lyon finally and the sun was shining. I started off my observation with Dr. Neyton on the morning of the second day. In Dr. Neyton's clinic, I learnt the flow sheet of out-patient clinic in France and discussed some interesting shoulder cases with him. He is a very kind teacher.

Practice makes perfect. I participated in operations from the second day to the end. I was a little surprised at first to learn every surgeon would run between two theatres and operate at most about ten cases a day. The OR started at 7:00 in the morning and usually finished at afternoon, which meant the surgeons and nurses should make good use of every minute. The case load was enormous but they worked more orderly, efficient, and safer. Like most people with a passion for something, I love shoulder sports and have a genuine interest, I studied it exhaustively over many years. Therefore, I enjoyed and cherished the time in OR tremendously with Drs Lionel Neyton, Arnaud Godenèche, Laurent Nové-Josserand, and Bertrand Sonnery-Cottet. All of them are world masters in the field of shoulder surgery and sports medicine. Over my stay, I had the opportunity to see massive rotator cuff repair by a novel patch by Dr Neyton, suprascapular nerve release by Dr. Nové-Josserand, reverse shoulder arthroplasty by Dr. Godenèche, combined ACL + ALL reconstruction by Dr. Sonnery-Cottet, who would go to Shanghai next year to chair ISAKOS knee session. The devil is in the details. I studied every steps of their skillful operations and really learned a lot. I felt honored that I could learn from them, and have them share with me their experience over the past years. I shall have the privilege to continue to do some clinic research with them in the future.



Photo with Dr.Neyton

I am really proud of having part of my training at the Centre Orthopédique Santy. Special thanks to academic secretariat, Ms. Sophie Plantier, and SICOT Fellowship Secretariat. Under their help, my study days in Lyon was most fruitful and enjoyable. I was happy to make friends with their excellent young fellows, Drs. Sautier and Gilles. The only pity was Dr.Walch was out on that period. Hope I can learn from him in the near future.

Last but not least, I am deeply indebted to the support of my home department, as well as Chair Prof. Huilin Yang, General Secretary of SICOT China Branch, for his suggestions and guidance without which this fruitful experience will not come about.